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### **Brief introduction**

My name is Magdalena but everyone calls me Maggie. I have completed my Masters in Psychoeducation in 2010. Since then, I have worked in schools, hospitals, daycares and readaptation centers to provide appropriate strategies when intervening with children under the age of 10. I work on maladaptations in children that can include anxiety related difficulties, lack of self-esteem and confidence, lack of attention and focus and independence in daily activities but my biggest love is for those misunderstood behavioural children. I specialize with children who have Autism Spectrum Disorder, Global Developmental Delays and Intellectual Disabilities. In 2021, I opened a private practice, partnering up with speech and language pathologists, occupational therapists, social workers, and psychologists. My desire was to ensure that all services were in one place and accessible to all families.

### **Behavioural challenges in children**

This workshop will review typical developmental stages in children aged 1-5. Throughout this first part, we will focus on proper stimulation, activities and environments that permit optimal development in the daycare setting.

In the second part, we will discuss red flags to be on the lookout for: any atypical developmental patterns will be discussed. These traits can be associated with specific disorders which will be defined and addressed.

Finally, based on traits observed in children, appropriate interventions will be discussed and detailed to permit positive support and guidance for children facing obstacles in the developmental stages.