



The Quebec Association for  
Preschool Professional Development

**ANNUAL EDUCATOR CONFERENCE  
WEDNESDAY APRIL 3, 2024**

**THE ABC'S OF ECE GROWTH...  
HELPING EDUCATORS BLOSSOM**



# GENERAL INFORMATION

## Conference Venue

Plaza Volare Crowne Armon  
6600 Chemin de la Cote de Liesse  
Montreal, Qc H4T 1E3  
(514) 735-5150

## Conference Agenda

8:00-8:45	Registration/coffee/exhibitors
8:45-9:15	Plenary
9:30-11:45	Workshop
12:00-1:15	Luncheon/exhibitors
1:30-4:00	Workshop

## Public Transportation/Parking

Free parking behind the hotel

Buses 100, 202, 378, 460  
Bus stop (in front of hotel)

## Conference Contact Info

Luisa Iglio 514 924-8300

[luisa.qappd@gmail.com](mailto:luisa.qappd@gmail.com)



## A MESSAGE FROM THE PRESIDENT

Dear Esteemed Educators,

I hope this message finds you well and filled with enthusiasm. It is my pleasure to extend a warm invitation to our highly anticipated Annual Professional Development Conference for Educators.

Despite my experience in helping to organize past conferences, this is my first one as QAPPD President. I am nervous, excited, and feeling slightly more maternal than I anticipated. What brings me comfort is knowing that I am surrounded by a strong and collaborative team / Board members and Luisa Iglio, working as the primary organizer. We are all in good hands.

As with previous conferences, the goal is to provide you, the educators, with some professional time away from your daycares. In my opinion, besides medical professionals, educational staff are the hardest working and least appreciated. Your roles and responsibilities seem endless and yet daily, you manage to arrive at work with smiles and hope.

This year's conference promises to be an enriching and inspiring event, designed to equip you with the latest tools, strategies, and insights by going back to "basics." Whether you're a seasoned veteran or a budding educator, there will be valuable sessions tailored to your needs and interests.

Our conference is not just a gathering; it's a celebration of the dedication and passion that drive educators like you to make a profound difference in the lives of young children every day. Your commitment to excellence is truly commendable, and this conference is our way of honoring and supporting your contributions to education.

Thank you for your unwavering dedication to the noble cause of early childhood education. We look forward to welcoming you to our conference and embarking on this transformative journey together.

Warm regards,

Hallie Moyse. Executive Director CPE Shalom



## 8:45 PLENARY Grace Edeh

"Revealing the Strength of Core Early Childhood Education Principles in Contemporary Practice: Shaping the Path Toward Inspired Excellence."

### 9:30 WORKSHOP #1A and 1B Jean Montpetit

#### **Reclaiming the Profession of Early Childhood Educator**

The last few years have had an impact on the field of ECE. Societal changes and COVID have affected children, parents and educators themselves and have impacted the dynamics of daily life in different ways.

In this master class, Jean does a deep dive into the workings of a day at the daycare connecting neuroscience, neuropsychology and pedagogy to re-establish the dignity and the importance of the profession while providing a barometer for quality care that will increase your pedagogical efficiency as a director, pedagogical advisor or educator.

#### **Morning session: Development**

Brain development and how it guides our practice;

Physical domain as the foundation of growth and development;

Affective development: the biggest gift you can give a child;

Cognitive development. Is it overrated or misunderstood?

What about educator development?

#### **Afternoon session: Pedagogy**

The importance of the psychological environment, and

A multiple strategy approach to teaching and learning.

**BIO Jean Montpetit** holds a Master's Degree in Child Study from Concordia University. In his 40 years of involvement in the field of ECE as an educator, pedagogical consultant, nursery school director and college teacher, Jean has sat in a few hundred class rooms, and observed many educators engaging hundreds of children.

## 9:30 WORKSHOP #2A Erica Sweett

### **The Importance of Play:**

Through play, young children engage and interact in the world around them. Later, play has a role in school success as it enhances children's confidence and resilience and their ability to interact positively with peers and adults. But today, time for free play has been greatly reduced in our classrooms and our homes. This workshop will review the recent literature on the importance of play in children's development and explore strategies for

**BIO Erica Sweett** is the coordinator of Ometz's group services department. She graduated from the Drama Therapy Master's program at Concordia University. She has many years of experience working with children as a teacher, facilitator, and therapist. She is trained in child-centred play therapy and facilitated therapy group sessions for adults with intellectual disabilities. Erica incorporates all her experience into her workshops at Ometz to help make the content engaging and accessible for all ages.

## 1:30 WORKSHOP #2B Lynn Vining

### **Outdoor Activities:**

Join in a fun afternoon learning how to move like a kid again, and get lots of important tricks to keep your little clients happy and healthy on a good lifestyle path! Exercise, physical and mental health, and nutrition. Learn some moves and games, from warming up, burning off steam, and relaxing yoga stretches. Dress comfortably!

### **BIO Lynn Vining**

Personal Trainer since 2007, working at the YMCA's in group and personal fitness, aquafitness, and outdoor trainings with Cardio Plein Air. Franchise owner since 2012, and specializing in outdoor activity since! Currently pursuing a Yoga Teacher Training to incorporate meditation and relaxation into the workouts.

## 9:30. WORKSHOP #3A Hallie Moyse

### **The ABC's of CLASS:**

C.L.A.S.S. is an acronym for the Classroom Assessment Scoring System. Together, you will spend time learning about CLASS. What it measures? How it works? Is it easy to implement? How can it be incorporated with our existing educational plan?

Attendees will leave with a clear vision and better understanding of the CLASS System. Many will find comfort in knowing that a lot of their daily routines are already embedded in CLASS.

### **BIO**

**Hallie Moyse...** has worked in the ECE community for almost 20 years. Currently the Executive Director of CPE Shalom, she also holds the positions of President of the QAPPD and that of the Association of Childcare Centers in the Jewish Community. A past lecturer in the ECE department at UQAM.

Hallie "makes things make sense." She has her own consulting firm that provides support and services to daycare administrators throughout the city.



## 9:30 WORKSHOP #4A Grace Edeh

### **MUSIC PROGRAM: Move, Sing, Listen, Play! There's more to music in early childhood than "Baby Shark".**

Feeling like you've lost you've musical mojo? Do you find yourself singing the same songs over and over, time and time again? Maybe you lack confidence or secretly feel that is something that should be left to a music specialist. In this engaging and dynamic workshop, participants will be introduced to five key components of music - beat, singing, instruments, movement, and listening. You will walk away with practical ideas for implementing an effective music program, no matter what your musical skill level. Come ready to have fun and explore the different possibilities music can offer for children's growth and development.

### **BIO. Grace N. Edeh, M. Ed.**

With many years of experience in the profession, Grace has worked as an Early Childhood Educator and Executive Director. Grace is currently a full-time teaching faculty member at Vanier College in the Department of Early Childhood Education as well as the departments' Fieldwork Coordinator. Grace is also a part-time teaching faculty member at Concordia University in the Department of Education. Grace has facilitated numerous workshops and continues to do consultation work for many CPE's, School Boards, and professional Associations. Grace is passionate about motivating and inspiring early childhood professionals in pursuing excellence in their practice through lasting and meaningful change.

## 1:30 WORKSHOP #4B Lisa Marcovici

**BRAIN GYM** What is the connection between Movement Development and Learning skills? How do we support the building of a resilient movement and sensory foundation for our children and for ourselves? Learn how we can offer concrete tools to children and adults alike that cultivate self-awareness, mindfulness, and coherence during these turbulent times? Every child develops at their own perfect pace, following a very precise sequence, building our 'movement alphabet', and allowing us to move in three-dimensional space.

**BIO Lisa Marcovici**, licensed Brain Gym instructor, has been actively involved in encouraging students, teachers, therapists, as well as parents to learn about Brain Gym. Her workshops have been presented to various associations and universities. She teaches in daycares and Early Childhood Centers across Canada, the US, Japan and Europe. Her goal is to make Movement Based Learning accessible to everyone in a fun and practical way.

# Q.A.P.P.D. EDUCATOR CONFERENCE APRIL 3<sup>RD</sup>, 2024 REGISTRATION FORM

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Telephone \_\_\_\_\_

Name of Centre \_\_\_\_\_

Email of Centre \_\_\_\_\_

## 1 Workshop #

	1 <sup>st</sup> choice	2 <sup>nd</sup> choice (if full)
All day # (1 or 3)		
AM # 2A or 4A		
PM # 2B or 4B		

## 2

### Registration for Conference - Selection and fees

Member	<input type="checkbox"/>	Cost per workshop \$150.00	All day \$295.00 Lunch included
Non-member	<input type="checkbox"/>	Cost per workshop \$200.00	All day \$395.00 Lunch included
Student	<input type="checkbox"/>		All day \$95.00 Lunch included

## 3

Deadline for registration is **March 14<sup>th</sup>, 2024**.

**ONE REGISTRATION FORM PER PERSON**

Confirmation of registration/payment will be sent via email.

Send form and cheque (payable to QAPPD) to:

QAPPD Conference c/o Anita Bartha  
3040 Sherbrooke St. Ouest. Mtl, Qc H4W 2J8

e-transfer: [payments.qappd@gmail.com](mailto:payments.qappd@gmail.com)

Contact person Luisa 514 924-8300  
[luisa.qappd@gmail.com](mailto:luisa.qappd@gmail.com)

## 4

### Lunch Choices

- Pasta
- Chicken
- Kosher

Allergies \_\_\_\_\_