

**zQAPPD ANNUAL RETREAT  
FRIDAY MAY 24TH, 2024  
CHATEAU VAUDREUIL**

**21700 route Trancanadienne, Vaudreuil-Dorion, Qc J7V 8P7**

**Facilitator Ron Thiessen!**

**It's all about YOU!**

**Relax and rejuvenate in beautiful surroundings where you will have time to contemplate what makes you happiest and most fulfilled.**

**Through meaningful conversations, together we'll explore living authentically in pursuing our personal mission statement in life.**

**Join me for a fun and meaningful experience that will refresh and invigorate you physically, mentally, and spiritually.**



**Invitation from the Board, to participate in this well-deserved day that allows us to support you, spoil you and create memories together.**

**ITINERARY**

- |                   |                                   |
|-------------------|-----------------------------------|
| <b>8:45-9:30</b>  | hot and cold breakfast buffet     |
| <b>9:30-12:00</b> | am workshop                       |
| <b>12:00-1:00</b> | lunch restaurant                  |
| <b>1:00-4:00</b>  | pm workshop                       |
| <b>5:00-</b>      | 5 à 7 cocktails, canapes and more |

# QAPPD ANNUAL RETREAT REGISTRATION FORM

NAME: \_\_\_\_\_

CENTER: \_\_\_\_\_

EMAIL: \_\_\_\_\_

- I WILL BE ATTENDING THE DAY WORKSHOP/BREAKFAST/COFFEE BREAKS/ LUNCH/PARKING \$250.00
- I WILL BE JOINING THE 5 à 7 PAID BY QAPPD
- I PLAN TO STAY OVERNIGHT TO BOOK CALL (450) 455-0955

**RSVP deadline date Wednesday, May 8<sup>th</sup>, 2024.**

- 1- send form via email to [luisa.qappd@gmail.com](mailto:luisa.qappd@gmail.com)
- 2- payment by cheque payable to QAPPD c/o Anita Bartha CPE Dawson  
3040 Sherbrooke St. Quest, Montreal, QC .H3Z 1A4

**OR**

- e-transfer: [payments.qappd@gmail.com](mailto:payments.qappd@gmail.com)

**(payments non-refundable)**

Minimum 20 participants required.

**Hope to see you there!**

